

Who Grows Your Food?

Bee Log Herb & Garlic Farm • Bee Log, NC

Robert Thompson and **Melissa Will** live in a farming-rich area in northern Yancey County. "Lots of people here still grow their own food," says Robert, "and they use the traditional ways of old-fashioned farming, which is what's now called organic."

Robert's interest in cooking with garlic is what led him to try growing it. After trading for unique varieties, he tested 36 and selected 12 that grow best in western NC. These garlics have unique stories, like the spicy Persian Star variety, which came by way of a traveler to Uzbekistan. Robert and Melissa love to grow and eat their own food, and share the flavors with others. "I love when people try our product and say it's some of the best they've ever tasted," says Robert.



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