

Who Grows Your Food?

Camp Celo Gardens • Yancey County, NC

Sam Maren is a storyteller, a singer, a musician, and a gardener. He and his wife Anne, a poet, manage Camp Celo Gardens, high in the Black Mountains in the shadow of Mount Mitchell. Their gardens are famous for sunflowers, but they also provide abundant fresh vegetables for the camp and enough for Anne and Sam to market to restaurants and stores.

Working in the gardens gives the young campers a chance to learn about where food comes from, harvest food for the camp, and hear Sam's stories.



*Anne Maren-Hogan,
Sam Maren, & Nora*