

Who Grows Your Food?

Leaning Willow Farm • Walnut Creek, NC

Liza and Matt are restoring an old farm and “farming the way my grandfather did,” Matt says (except that Leaning Willow’s tractor is powered by biodiesel). They save seeds and raise heirloom varieties of vegetables and fruits. One of the few breeders of Olde English Southdown Babydoll sheep in WNC, they’re helping to bring back the heritage bloodline. Leaning Willow’s simply grown produce travels only 10 minutes to market in Madison County. “It’s true food for locavores.”



Liza Myers and Matt Hess
AppalachianGrown.org