In a wild valley carved out by the Little Tennessee River sits Robin Suggs’ land. Home to over 3,000 native plant species, this region of the southern Blue Ridge Mountains is rich with biodiversity. On 32 wooded acres traversed by mountain streams and blanketed with thick native vegetation, Robin cultivates native medicinal plants including American ginseng, blue and black cohosh, wild yam, blood root, and wild plant foods like ramps, North American groundnut, and wild greens in their natural habitats. Robin supplies herbal practitioners throughout the country, but in our region his products can be found at Greenlife and the French Broad Food Coop in Asheville, the Root Cellar in Cashiers, Bare Essentials in Boone, and Garner’s Natural Market in Greenville, SC.