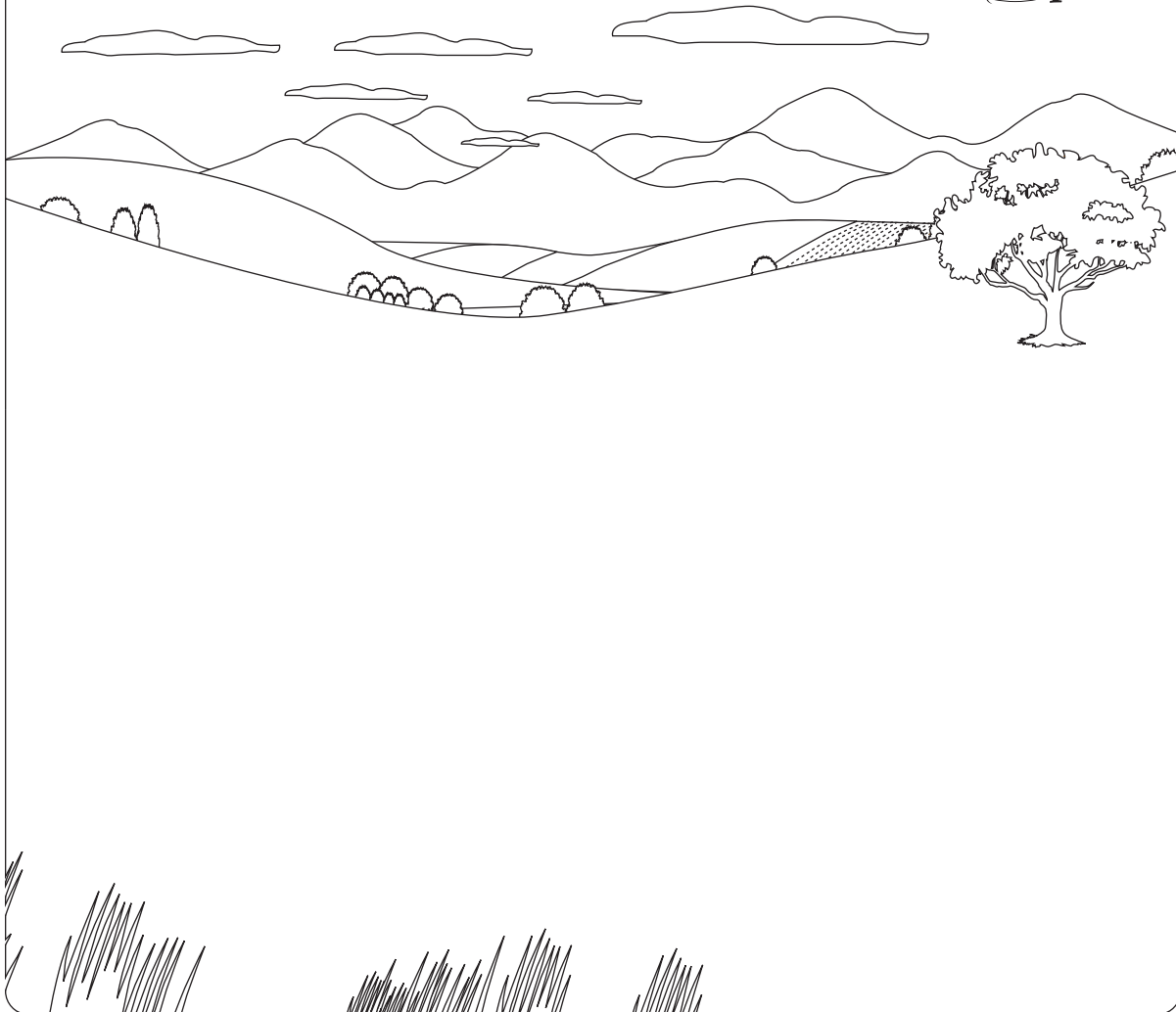


Plan Your Own Farm

What would you grow?

What kinds of animals would you have?

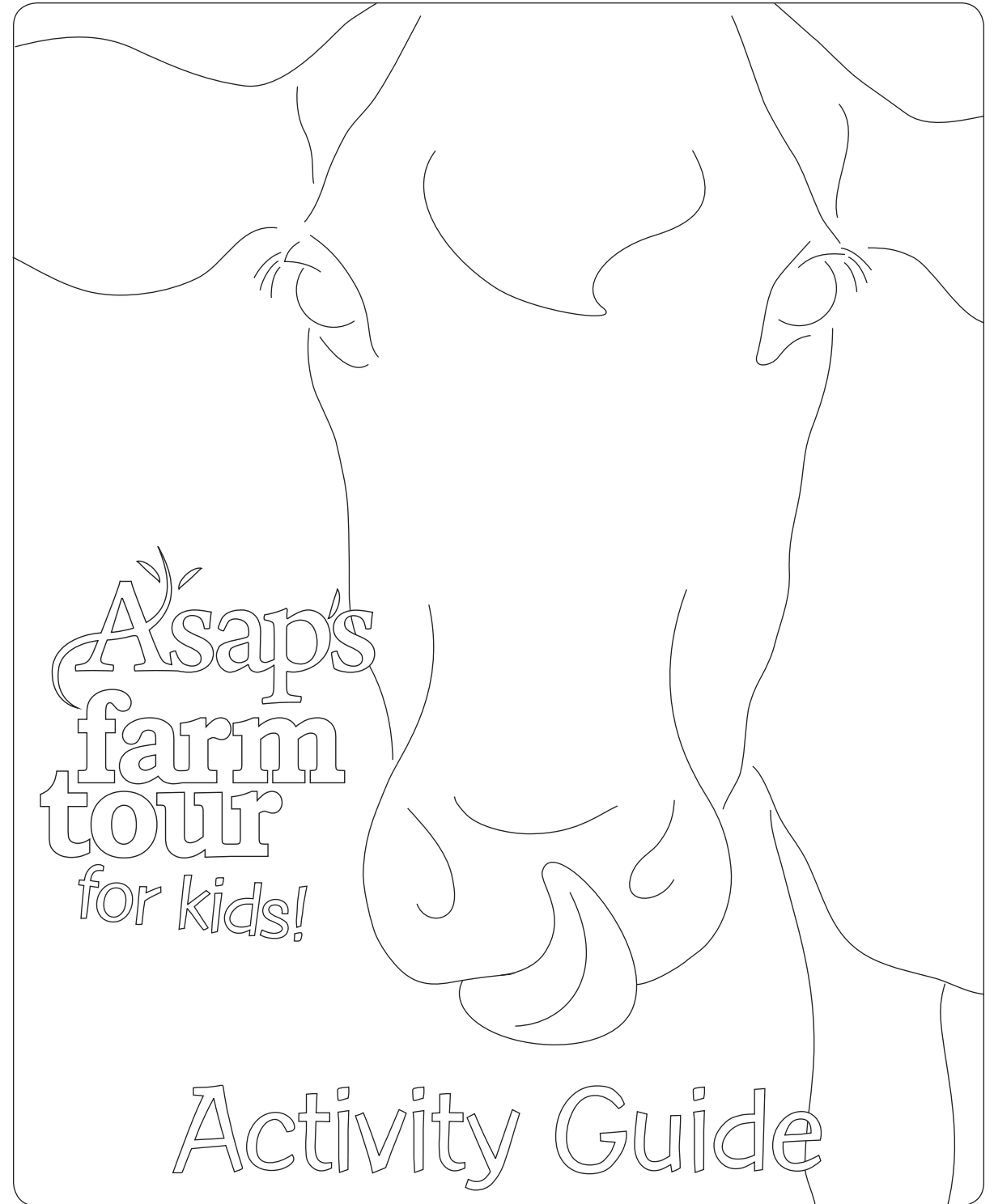
Imagine and draw your own farm!



For more activities, seasonal recipes, garden lesson plans, and more, visit Growing-minds.org.

Asap's
farm
tour
for kids!

Activity Guide

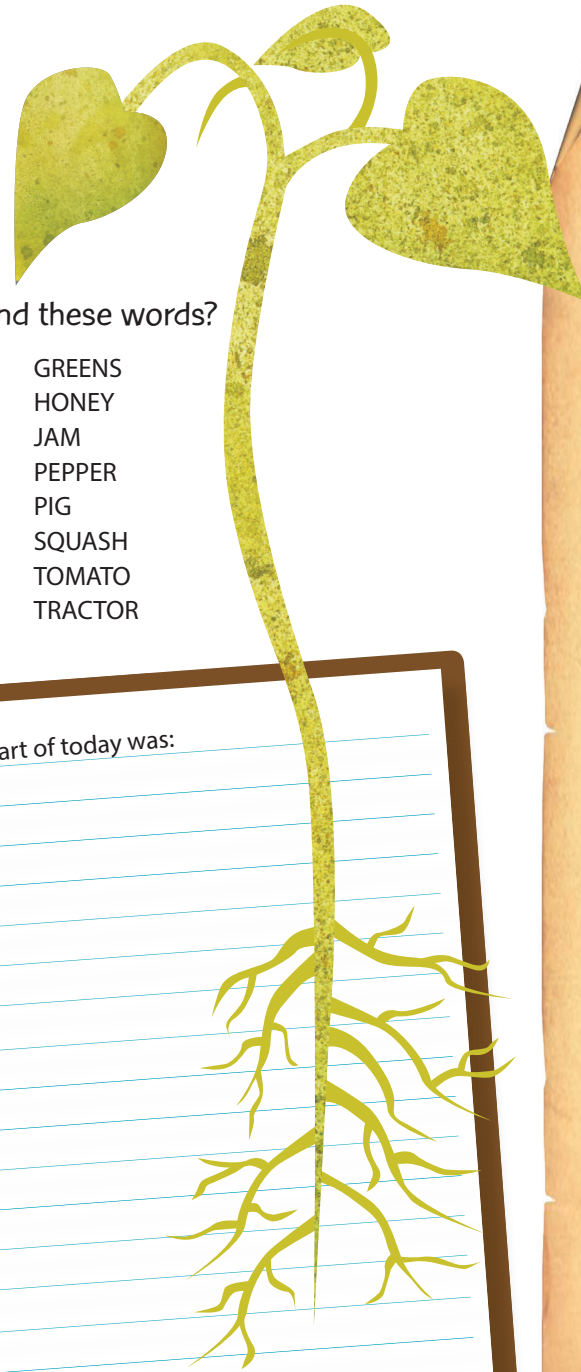


Farm Tour Word Search

D H Y T S L E Z O N C H
 W O R L R G U T E W H S
 O N R H G A A K N O E A
 O E E S Q M C I Y C E U
 A Y B G O I N T G M S Q
 E T E T H T G R O B E S
 S U U C F A E O O R J M
 N T L G R E P P E P I G
 R R B R N Z F I B E R U
 W Y A S X T T T A O G M
 Z V I B O R Z L S R A M
 F L O W E R S N U J Z N

Can you find these words?

- | | |
|-----------|---------|
| BARN | GREENS |
| BLUEBERRY | HONEY |
| CHEESE | JAM |
| CHICKEN | PEPPER |
| COW | PIG |
| EGGS | SQUASH |
| FIBER | TOMATO |
| FLOWERS | TRACTOR |
| GOAT | |



Scavenger Hunt

A trip to a farm is an exciting adventure! You may find fresh fruits, seasonal vegetables, animals, and more! On your tour today, see if you can find some of the following...

Something beautiful _____

Something tall _____

Something of each color of the rainbow:

Red _____

Orange _____

Yellow _____

Green _____

Blue _____

Purple _____

An animal with hooves _____

An animal with wings _____

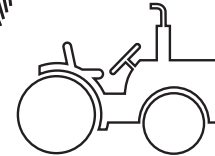
A baby animal _____

Something with wheels _____

Something that is sweet _____

Something that smells _____

Something that you have never seen before _____



Interview a Farmer!

The best way to learn how a farm works is to talk with the farmer! See if you can ask a farmer you meet today a few of these questions!

- ? How long have you been farming?
- ? What is the best thing about being a farmer?
- ? What is the hardest crop to grow? Why?
- ? What is your favorite thing to eat that you grow?

Tour Journal

Capture your Farm Tour experiences here. A tour journal will help you remember the fun you had and what you learned.

Today I visited these farms:

Something new I learned:

The tastiest thing I ate was:

My favorite part of today was:

Berry Good Popsicles



Ingredients

- 1 cup yogurt
- 1 cup local blueberries or blackberries
- 3-4 teaspoons honey
- 1-2 tablespoons lemon juice
- 2 ripe bananas (or 1/2 cup of milk or juice instead)

Instructions

- In a blender, puree yogurt, honey, berries, and lemon juice. Add bananas (or milk/juice) and puree well. Spoon mixture into 8 to 10 small paper cups. Place foil over the top of each cup. Pierce the center of the foil and insert a wooden popsicle stick. Freeze (5 to 6 hours).
- Before serving, dip cups in warm water for a few seconds. Remove paper cup and foil. Enjoy!

Find more family-friendly recipes at growing-minds.org